BIONATOR INSTRUCTIONS

OBJECTIVE: to reduce overbite; encourages lower jaw growth.

WEAR: Your Bionator only works when it is worn properly. It should be held between the upper and lower teeth to be effective. We will measure the amount of overbite at each visit and adjust the wearing time accordingly. When you first receive your Bionator, you will be wearing it 24 hours a day except when eating or brushing your teeth.

EATING: The Bionator should not be worn while eating and should be removed to brush.

CLEANING: The Bionator may be cleaned with a toothbrush and toothpaste a few times a day, and may be soaked in cool water with Efferdent once or twice a week.

STORAGE: As with every removable appliance, when it is not in your mouth, it should be in its case. Never wrap your Bionator in a napkin or leave it on a lunch tray to prevent it from being thrown away. Never leave your Bionator where a pet can get to it – they will eat it! It should also be removed while playing sports or a musical instrument.

EXPANSION: If your Bionator has an expansion screw, you’ll be instructed to turn the screw two times a week.

ULCERS OR PRESSURE POINTS: If you develop an ulcer or sore spot on your gums from the Bionator, please call the office and we will be happy to adjust it for you. If possible, please continue to wear the appliance until you arrive at the office – this will help in locating the problem area and prevent loss of progress.